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**FISCAL YEAR 2003
CHILD AND ADULT CARE FOOD PROGRAM
FAMILY DAY CARE HOME SPONSOR MEMO #2**

TO: Family Day Care Home Sponsors

FROM: Julie Stark, Supervisor
Child and Adult Care Food Program

DATE: November 4, 2002

SUBJECT: New Nutrition Resources

Two new resources, **AMenu Magic for Children®** and **AMaking Nutrition Count for Children®**, have been printed by the United States Department of Agriculture.

AMenu Magic for Children® is a menu planning guide for child care. The booklet provides information on the Child and Adult Care Food Program (CACFP) meal pattern requirements, serving quality meals and snacks, and tips on menu planning and grocery shopping. It contains a set of eight tear-out recipe cards with a storage pocket in the back of the booklet.

AMaking Nutrition Count for Children® is a booklet which provides basic information on how children grow and develop, the nutrients they need for healthy growth and development, how to help children learn about food and eating, and information on the Food Guide Pyramid and the Dietary Guidelines for Americans. It contains a set of activities for children, including a tear-out matching game with a storage pocket in the back of the booklet.

These publications are being distributed to Family Day Care Home sponsors for child care homes participating in the Child and Adult Care Food Program. You may expect delivery in a few weeks.

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